

Dance Fitness

Stretch. Move. Laugh.

Tuesdays 9:00-10:00

\$10/Class



Why let your daughters have all the fun?

Come enjoy a class that will get you moving. We will stretch, work the bodies, and move with fun people and great music. No dance experience required, wanting a different way to work out is.

The School of Performing Arts

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theschoolofperformingarts.org